



*Keeping
a Holy Lent*

Second Sunday of Lent

1st March 2026.

Worship Resource

THE LENTEN SEASON

Lent is a new beginning...This season urgently calls us to conversion.

Christians are asked to return to God "with all their hearts" (*Joel 2:12*).

Pope Francis Jan 2016

LITURGICAL REMINDERS

- No Gloria or Alleluia are sung/said during Lent. The Gospel acclamation changes e.g. Praise to you Lord Jesus Christ, King of eternal glory.
- The sanctuary is not decorated during the season of Lent – the next time we see flowers in the church is on Holy Thursday for the Feast of the Lord's Supper.

COLOUR OF THE SEASON

- Violet/Purple

LITURGY OF THE WORD

Readings

- **First Reading:** Gn 12: 1-4
- **Psalm:** Ps 32: 4-5, 18-20, 22 – May your love be upon us, O Lord, as we place all our hope in you.
- **Second Reading:** 2 Tm 1:8-10
- **Gospel:** Mt 17: 1-9

Homily Notes

When the disciples met Jesus in person, their lives changed, and they began to see the world in a new way. We too can be transformed by meeting Jesus through prayer, worship, and living out our faith. By learning more about Jesus we can grow closer to Him, as the disciples did, and share our faith with others.

Prayer of the Faithful – suggested text

1. That our leaders of **Church and State**, may be led by Christ's example Lord, hear us
2. That **those who are starving in a world of plenty** may be comforted and supported this Lenten season. Lord, hear us.
3. That **those who are lonely or fearful** in our community may find peace and reassurance through the help of others. Lord, hear us.
4. That **the faithful departed** may rest in the peace of Christ. Lord, hear us.

MUSIC MINISTRY – *suggested hymns*

- **Entrance:** God of Mercy and Compassion
- **Psalm:** Ps 32: 4-5, 18-20, 22 – May your love be upon us, O Lord, as we place all our hope in you.
- **Offertory:** Instrumental Music or Lord Accept the Gifts
- **Communion:** One in Body, Heart and Mind
- **Recessional:** The King of Love My Shepherd Is.

REFLECTION

Loving God, when we close our hearts to the gift of your word,
We end up closing our hearts to the gift of our sisters and brothers.

Open our hearts this Lent Lord,
That we might hear your word and live its invitation of love in our lives.

Amen.

ALTAR SERVERS

- Incense the altar at the start of the offertory

Or

- Stand either side of the presider with candles as the gospel is read.

SUPPLEMENTARY RESOURCES

- Ordo Pages 60-61
- Mass Leaflet
- St. Paul's Sunday Missal, 2026.
- Lectionary
- Intercom Magazine – February and March Editions
- The Furrow Magazine
- Canaimís
- www.synod.ie

