



Keeping  
a Holy Len

## Fifth Sunday of Lent

22<sup>nd</sup> March 2026.  
Worship Resource

### THE LENTEN SEASON

I am the light of the world.

I am the good shepherd.

I am the resurrection and the life.

I am the way the truth and the life.

*Jn 8: 12, 10:11,14, 11: 25, 14:6*

### LITURGICAL REMINDERS

- The sanctuary is not decorated during the season of Lent – the next time we see flowers in the church is on Holy Thursday for the Feast of the Lord’s Supper. (*Ordo* pg. 61)
- All members of the community of faith are to be encouraged to participate in the Sacrament of Reconciliation during the Lenten season. (*Ordo* pg. 60)

### COLOUR OF THE SEASON

- Purple/Violet

### LITURGY OF THE WORD

#### Readings

- **First Reading:** Ezk 37: 12-14
- **Psalm:** Ps 129 – With the Lord there is mercy and fullness of redemption.
- **Second Reading:** Rm 8: 8-11
- **Gospel:** Jn 11: 1-45

#### Homily Notes

Jesus calls Lazarus out of the grave, and Lazarus is given new life. In the same way, Jesus calls us from what binds us, into freedom and new life with him. We must explore what stones we need to roll away in our homes, our community, and our world so we can live the life God calls us to through baptism.

#### Prayer of the Faithful – suggested text

1. For our **leaders of Church and State**, that they may be led by Christ’s example. Lord, hear us.
2. For **all of us** that we may trust in God’s presence with us in the wilderness times of our lives. Lord, hear us.
3. For **peace** in our homes, parishes and communities. May the Holy Spirit guide us and help us to share Christ’s peace with all the world. Lord, hear us.
4. For those working for **peace and justice**. We remember especially those who work for Trócaire in Western Rwanda and the people they serve there. Lord, hear us.
5. For **those who have died**. May they rest in peace. Lord, hear us.

## MUSIC MINISTRY – suggested hymns

- **Entrance:** God of Mercy and Compassion.
- **Psalm:** Ps 129 - With the Lord there is mercy and fullness of redemption.
- **Offertory:** Instrumental Music or Take Our Bread.
- **Communion:** Eat this bread (Taizé).
- **Recessional:** The King of Love My Shepherd Is.

## REFLECTION

Fast from worry; feast on trusting God.  
Fast from complaining; feast on appreciation.  
Fast from negatives, feast on affirmatives.  
Fast from hostility; feast from unceasing prayer.  
Fast from judging others; feast on Christ dwelling in them.  
Fast from anger; feast on patience.  
Fast from bitterness; feast on forgiveness.  
Fast from gossip; feast on truth.  
Fast from thoughts that weaken; feast on promises that inspire.

*Adapted from William Ward*

## ALTAR SERVERS

- Lead the entrance procession
- Prepare the altar for the Celebration of the Eucharist

## SUPPLEMENTARY RESOURCES

- Ordo - Pages 60-61
- Mass leaflet
- St. Paul's Sunday Missal, 2026.
- Lectionary
- Intercom Magazine –March Edition
- Trócaire Parish Resource for Lent 2026
- Canaimís
- [www.synod.ie](http://www.synod.ie)

