

St. James' Glenbeigh - St. Stephen's Glencar
8 February 2026 - 5th. Sunday in Ordinary Time
International day of Prayer and Awareness
against Human Trafficking

Fr. Kieran O' Sullivan -The Presbytery - 066 97 68209

Parish Newsletter on the Web www.dioceseofkerry.ie

Parish Office: - open Monday, Tuesday & Friday. 10am -1:45am.

Tel: 066-9768225 Email: glenbeighparish@gmail.com

Access Mass on Glenbeigh WebCam @ Mcn. Live Site only.

Priest on call this Sunday: Fr. Timothy Kiplagat (087)0009181

We pray for our dead: Fr Sean Murray SDB (Salesian) - Requiem Mass Monday 9th. Feb at 10am. with interment of his Ashes in Ballinakilla - and all those whose anniversaries occur at this time.

Date	Time	St. James' Glenbeigh - Intentions / Anniversaries
Sun	8 11:30 am	John Paul Doyle - Curraheen
Mon	9 10:00 am. 6:30 pm.	Requiem Fr Sean Murray SDB (Salesian) Jane & Jim Diggin - Coolnaharriagle
Tue	10 6:30 pm.	James, B.C & Kathleen Guerin & dec'd member of the family
Wed	11 10:30 am.	Feast of Our Lady of Lourdes - World day of the Sick Rena, John, Eamon & John O'Sullivan - Incherea
Thu	12	
Fri	13 6:30 pm.	John, Helan & Bridget O' Sullivan -The Village & dec'd Family
Sat	14 6:00 pm	Parish Vigil Mass St Stephen's Church Glencar
Sun	15 11:30 am.	Diarmuid & Nora Galvin, son Derry & dec'd member of the family.
St Stephen's Church - Glencar - Intentions / Anniversaries		
Sat	7 6:00 pm.	Diarmuid, Shelia & Michael O' Sullivan - Dreenagh
Sat	14 6:00 pm.	Stephen, Thomas, Mary & Cormac O'Connor - Cappatanvalley

Wednesday 11th. February
Feast of Our Lady of Lourdes
Mass with the Sacrament of Anointing of the Sick 10:30 am. in honour of the Feast.

LOURDES HELPERS COLLECTION
 The Lourdes Helpers Collection will be taken this weekend The Pilgrimage has changed in many ways over the past 50 years but the main purpose is still the same, to take the sick to Lourdes and for this we need helpers. Many are students from our local secondary schools and thus require help to finance the trip. The collection goes towards this effort. The Lourdes helpers Fund also helps assisted Pilgrims who may not be able to afford to pay the full fare and would like to go to Lourdes. As always your support is greatly appreciated by many.

Diocesan Mission 2026
 The Diocesan Mission with the theme, Peace be with you all, will take place from Sunday February 8th – Wednesday February 11th. Each day, you are invited to join in the Mission Talk, Prayer, Mass, Video Reflection, Prayer Petition and Family Time. Speakers include Sr Finola Cunnane, Jim Deeds, Dr John Lannon and Gemma Mulligan. To participate in the Mission, register through the diocesan website, www.dioceseofkerry.ie

Ministries Next Sunday
Minister of the Word
Tommy Cahill - Rossbeigh
Minister/s of the Eucharist
Vera O' Sullivan - Incherea
Mary Moriarty - Droum

A b o u t T o d a y
 Over these Sundays, we listen to what Jesus taught in his Sermon on the Mount. In today's liturgy, we hear that we are the salt of the earth and the light of the world. Rejoicing in this calling, we praise God who sustains us all our days.
Vocations: We continue to pray for vocations to the Priesthood Lets put the question out there to someone we might feel has a Religious vocation. Did you ever consider becoming a Priest?

To prepare ourselves for this celebration and our participation in it, let us call to mind our sins

Penitential Rite
 Though we are called to be light, sometimes we have chosen darkness. Let us remember our sins.

Lord Jesus, you raise us to new life: Lord, have mercy.

Lord Jesus, you forgive us our sins: Christ, have mercy.

Lord Jesus, you feed us with your body and blood: Lord, have mercy.

Prayer
 Heavenly Father, you have called your Church to be the salt of the earth and the light of the world. Give us vigorous faith and a love that is genuine, so that all may see our works and give you the glory.

We make our prayer through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever.

Introduction to the Scripture Readings
Isaiah 58: 7-10 — Isaiah suggests some ways of living a good life.

1 Corinthians 2:1-5 — In Paul's letter to the people of Corinth, he speaks of his reliance on the power of God.

Matthew 5:13-16 — Jesus calls us to be examples of Christian living.

Seeing Your Life Through The Lens Of The Gospel.

1. Jesus uses the image of salt as something that makes food tasty. Without salt food can be tasteless.



Who are the people who give zest to your life and make it enjoyable? For whom have you done this? When have you been particularly aware of your potential in this regard?

2. The second image is that of light. Who have been the people who have been a light for you, particularly in moments of darkness? For whom have you been a

➔ light? Recall these experiences and give thanks.

3. The images of salt and light can also be applied to communities to which we belong, a family, a parish, or other group. Thinking of the groups of which you are a member, how can their potential be enhanced to enrich the lives of members and offer them a guiding light? How can you make a contribution to this?

Novena Prayer Our Lady of Lourdes
February 3rd to 11th.

Our Lady of Lourdes Mother of Mercy, health of the sick, refuge of sinners, comforter of the afflicted, You know our wants, our troubles, our sufferings; Cast on us, and on all our sick sisters and brothers a look of healing and blessing; By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, a special place of peace and healing. So many sufferers have obtained the cure of their infirmities, both spiritual and corporal by approaching You in faith. come with the most unbounded confidence to ask your maternal intercession in this Novena. Obtain O loving Mother, the granting of our prayers

(here mention your request).

We will endeavour to imitate your virtues. That we may one day share your glories. O Mary conceived without sin Pray for us who have recourse to thee. Our Lady of Lourdes pray for us.

To support the Parish Tap to Donate at the kiosk at back of the Church or scan QR Code **Please remember to submit your Spring Dues and any outstanding dues.** A Sincere thanks to all who have submitted their Dues to date. Parishioners can now submit their weekly offering or dues by card (Tap & Donate at the Kiosk at the Back of the Church, Your Support is very much appreciated. Thank you.



The Pope's Monthly Intention

For children with incurable diseases: Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

