

SPRING

SUMMER

JUBILEE 2025

RESOURCE FOR PRAYER  
BEFORE THE  
BLESSED SACRAMENT



AUTUMN

WINTER



DIOCESE OF KERRY

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# A Message from Bishop Ray

*"May your love be upon us, O Lord,  
as we place all our hope in you". Ps 32*

One initiative to mark the 2025 Jubilee is to provide for each month a resource for Adoration Groups in our parishes. The pandemic weakened many strong parish Adoration Groups. In the past year there have been good signs of a recovery. Hopefully the Jubilee year will consolidate this.



Jesus himself regularly went off to a quiet place to pray. The gospel speaks of the day he said the disciples, 'Come apart and rest a while'. In today's busy, noisy and often exhausting world, many people of all ages have found rest and renewal in regular quiet prayer before the Blessed Sacrament.

The following are some of the prayers we pray at Mass. Each is worth praying and pondering in Adoration time before the Blessed Sacrament. Our prayer takes many different forms:

*Lord Jesus, you heal the wounds of sin and division: Christ, have mercy.  
Let us give thanks to the Lord our God. It is right and just.  
Thy will be done on earth as it is in heaven.  
Take this, all of you and eat of it,  
for this is my Body, which will be given up for you.  
Therefore, as we celebrate the memorial of his Death and Resurrection,  
we offer you Lord, the Bread of life and the Chalice of salvation ...  
Through him, and with him and in him, O God, almighty Father, in the unity  
of the Holy Spirit, all glory and honour is yours, for ever and ever.  
The Body of Christ. Amen.*

Go and announce the Gospel of the Lord. Adoration-time too sends us forth to share our faith in Jesus Christ with young and old, by example, deed and word.

**+ Ray Browne**

The Conversion of St Paul

25th January 2025



## What is a Jubilee Year?

In the Catholic Church, this is a special year of forgiveness and reconciliation, in which people are invited into right relationship with God, with one another, and with all of creation.



## What is the theme of the Jubilee Year in 2025?

The theme is Pilgrims of Hope. Pope Francis has invited Catholics to renew our hope and discover a vision that can "restore access to the fruits of the earth to everyone". We are also invited to rediscover a spirituality of God's creation in which we understand ourselves as "pilgrims on the earth" rather than masters of the world.

*"Pilgrimage is of course a fundamental element of every Jubilee event. Setting out on a journey is traditionally associated with our human quest for meaning in life."* Pope Francis - Spes non confundit §5

As Catholics, we understand Jubilee time as a time for a restoration of balance, that the goods of the earth are shared fairly, and a reminder that God is always drawn to those who are most vulnerable, marginalised and unfairly treated. Hope does not disappoint, Pope Francis says -

*"If we really wish to prepare a path to peace in our world, let us commit ourselves to remedying the remote causes of injustice, settling unjust and unpayable debts, and feeding the hungry."*

Pope Francis - Spes non confundit §16

# Praying for the Pope's Intentions

Welcome to this booklet for prayer and reflection as you come to pray before the Blessed Sacrament. Each month you are asked to pray for a particular intention that is dear to the Pope's heart. He asks us to pray for people in different circumstances: families in conflict, people drawn to suicidal thoughts, young people contemplating priesthood and religious life. Similarly, he asks us to join him in praying for the difficulties facing our world at this - isolation and disconnection, lack of respect for another's viewpoint, the indignity of unemployment and not allowing people to contribute to the betterment of the world, the persecution of Christians, and the climate crisis.

In the words of Pope Francis himself,

*Yours is a most necessary service, which underlines the primacy of God in people's lives, fostering communion in the Church. It is a mission of compassion for the world, we could say a 'journey of the heart,' that is, a prayerful journey that transforms people's lives. Closeness to the Heart of the Lord urges our heart to approach our brother with love and helps us to enter into this compassion for the world.*<sup>1</sup>

## Praying with the booklet

Be yourself....take a few moments just to tell the Lord what is happening in your life at the moment. God awaits you - there is no hurry.

Let your pace be unhurried as you move through the different parts of the reflection and prayer. We have enough busyness in our lives.

Listen carefully to the word or phrases that catch your attention: What about this is catching your attention? What does it say to you about the story? Does it invite you to respond in some way?

*Above all, relax, enjoy this time with Jesus,  
and trust the Spirit of God alive in you*

<sup>1</sup> Meeting of Pope Francis with the Apostleship of Prayer - 2019



# JANUARY

For the right to an education

## Focusing

*Jesus, window on God the Father,  
open our hearts to see God's care for all people,  
especially those who are excluded through war, migration and poverty.*

## Praying with the Gospel

*Luke 10:29-37*

Desiring to justify himself, the lawyer said to Jesus, "And who is my neighbour?" Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him; and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved neighbour to the man who fell among the robbers?" He said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise."

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

## Spiritual Reading

Today we're experiencing an "educational catastrophe." This is no exaggeration. Due to wars, migration, and poverty, some 250 million boys and girls lack education. All children and youth have the right to go to school, regardless of their immigration status.

Education is a hope for everyone - it can save migrants and refugees from discrimination, criminal networks, and exploitation.... So many minors are exploited! It can help them integrate into the communities who host them. Education opens the doors to a better future. In this way, migrants and refugees can contribute to society, either in their new country or in their country of origin, should they decide to return.

And let's never forget that whoever welcomes the foreigner, welcomes Jesus Christ.

*Pope Francis - Video for Pope's Intentions, Jan 2 2025*

Spend some time reflecting on how Jesus welcomes strangers, and how you could reach out to the stranger in your midst.

## Pray for the Pope's Intention

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.

Pray the Sorrowful Mysteries of the Rosary

## Prayer

*Lord,  
each one has their own hopes and dreams,  
for their lives, for their children, for the future.  
Open our hearts that we might act in solidarity with them. Amen.*

## Final Prayer

Conclude with the Jubilee Prayer inside back cover





# FEBRUARY

## For vocations to priesthood and religious life

### Focusing

*Shepherding God,  
you call young people to find fullness of life,  
each living their particular vocation:  
may our faith communities listen attentively to their deliberations.*

### Praying with the Gospel

*Matthew 5:13 - 16*

Jesus said, "You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet."

"You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven."

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

We need once more to take up the word of God and to realize, in doing so, that our best response to the love of Christ's heart is to love our brothers and sisters. There is no greater way for us to return love for love. The Scriptures make this patently clear:

“Just as you did it to one of the least of these my brethren, you did it to me” (Mt 25:40).

“For the whole law is summed up in a single commandment: ‘You shall love your neighbour as yourself’” (Gal 5:14).

“Those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen” (1 Jn 4:20).

Love for our brothers and sisters is not simply the fruit of our own efforts; it demands the transformation of our selfish hearts. This realization gave rise to the oft-repeated prayer: “Jesus, make our hearts more like your own”.

*Dilexit nos §167-8*

Spend some time reflecting on how Jesus links love of neighbour with love of God, and what that means for your life.

### Pray for the Pope’s Intention

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ’s mission in priesthood and religious life.

Pray the Luminous Mysteries of the Rosary

### Prayer

*Disciple us, Lord*

*as once you discipled Peter and his companions*

*- teach us what it means to follow you*

*and give us the courage and tenacity to walk with you. Amen.*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# MARCH

## For families in crisis

### Focusing

*Jesus, you knew family life with Mary and Joseph:  
help us appreciate the different people  
you have given us as family members.*

### Praying with the Gospel

*Matthew 18:21-27*

Then Peter came to Jesus and asked, 'Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?'

Jesus answered, 'I tell you, not seven times, but seventy-seven times. 'Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt. 'At this the servant fell on his knees before him. "Be patient with me," he begged, "and I will pay back everything." The servant's master took pity on him, cancelled the debt and let him go.

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

Listening is giving importance to the other, recognizing his or her right to exist and think autonomously. Children need this. Think carefully, parents: listen to

your children, who need this!....Talk, listen to each other, this is the dialogue that is good for you and that makes you grow!..... And yet we have seen that even Jesus' parents did not always understand Him. We can reflect on this, and let us not be surprised if at times it happens that we do not understand each other. When it happens, let us ask ourselves: have we listened to each other? Do we confront problems by listening to each other or do we close up in silence, at times in resentment and pride? Do we take a little time to converse?

*Pope Francis - Angelus address - Dec 29 2024*

Spend some time reflecting on how Jesus understands forgiveness Jesus' compassion and how you might become more forgiving.

### Pray for the Pope's Intention

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Pray the Joyful Mysteries of the Rosary

### Prayer

*Loving God,  
you call us to be sisters and brothers of Jesus,  
family who hear his word and live it out in our lives.  
Open our eyes  
to see your image and likeness in each person,  
and to forgive one another as you forgive us.  
We make this prayer in Jesus' name. Amen.*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# APRIL

## For the use of new technologies

### Focusing

*Jesus, Compassionate One,  
you appreciated time with people - at meals, at weddings, at funerals:  
let us use the gifts of technology  
to enhance, not diminish, our personal and community networks.*

### Praying with the Gospel

*Mark 2:21-2*

'No one sews a patch of unshrunk cloth on an old garment. Otherwise, the new piece will pull away from the old, making the tear worse. And no one pours new wine into old wineskins. Otherwise, the wine will burst the skins, and both the wine and the wineskins will be ruined. No, they pour new wine into new wineskins.'

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

Everyone can see how, in the present scenario, *social network communities* are not automatically synonymous with community. In the best cases, these *virtual communities* are able to demonstrate cohesion and solidarity, but often they remain simply groups of individuals who recognize one another through common interests or concerns characterized by weak bonds. Moreover, in the *social web* identity is too often based on opposition to the other, the person outside the group: we define ourselves starting with what divides us rather

than with what unites us, giving rise to suspicion and to the venting of every kind of prejudice (ethnic, sexual, religious and other). This tendency encourages groups that exclude diversity, that even in the digital environment nourish unbridled individualism which sometimes ends up fomenting spirals of hatred. In this way, what ought to be a window on the world becomes a showcase for exhibiting personal narcissism.

*Pope Francis - 53rd World Communications Day*

Spend some time reflecting on how precious each person is to God and how technology can distract or distort a person's sacredness.

### Pray for the Pope's Intention

Let us pray that the use of new technologies will not replace human relationship, will respect the dignity of the person, and will help us face the crisis of our times.

Pray the Luminous Mysteries of the Rosary

### Prayer

*Spirit of Wisdom,  
guide us to live wisely and love generously.  
Let us give thanks  
for the gifts of scientific and technological growth  
which add to the dignity and sacredness of the human family. Amen.*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# MAY

## For working conditions

### Focusing

*Jesus, carpenter and preacher,  
you knew the dignity and fulfilment of work:  
may all people experience the dignity of work and a just wage,  
and the joy of contributing and shaping society.*

### Praying with the Gospel

*John 13:12-17*

When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them.

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

Work makes the human person similar to God, because with work, a person is a creator, capable of creating, of creating many things; also of creating a family to raise. The human person is a creator, and creates through work. This

is their vocation, and it says in the Bible that “God saw all He had made, and indeed it was very good” (Gen 1:31). That is, work had goodness within itself and creates the harmony of things - beauty, goodness - and involves God in everything: in God’s thought, God’s actions, everything. Humanity is involved in work. It is our first vocation: to work. And this gives dignity to us. The dignity that makes us resemble God. The dignity of work.

Every injustice inflicted on a person who works tramples on human dignity; and also the dignity of the one who does this injustice. It lowers the level and we end up with that tension that exists between a dictator and a slave. Instead, the vocation that God gives us is so good: to create, to re-create, to work. But this can be done when the conditions are right and the dignity of the person is respected. *Pope Francis - Homily, May 1, 2020*

Spend some time reflecting on how God is at work in our world and how we can co-operate with God’s work by treating all workers with dignity and respect.

### Pray for the Pope’s Intention

Let us pray that through work, each person might find fulfilment, families might be sustained in dignity, and that society might be humanized.

Pray the Glorious Mysteries of the Rosary

### Prayer

*Lord, we bring our work of this day  
You bless us by letting us share in your creativity at work in the world.  
Energise us for the work of tomorrow. Amen.*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# JUNE

## That the world might grow in compassion

### Focusing

*Jesus, Compassionate One  
you reach out to those you meet along the way:  
help us to feel the pain of others  
and reach out in love and kindness to those we meet.*

### Praying with the Gospel

*Luke 6: 36-38*

'Be compassionate just as your Father is compassionate. Do not judge, and you will not be judged; do not condemn, and you will not be condemned; forgive, and you will be forgiven. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and overflowing, will be poured into your lap; because the standard you use will be the standard used for you.'

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

Jesus "seeks people out, approaches them, ever open to an encounter with them. We see it when he stops to converse with the Samaritan woman at the well where she went to draw water (cf. Jn 4:5-7). We see it when, in the darkness of night, he meets Nicodemus, who feared to be seen in his

presence (cf. Jn 3:1-2). We marvel when he allows his feet to be washed by a prostitute (cf. Lk 7:36-50), when he says to the woman caught in adultery, "Neither do I condemn you" (Jn 8:11), or again when he chides the disciples for their indifference and quietly asks the blind man on the roadside, "What do you want me to do for you?" (Mk10:51). Christ shows that God is closeness, compassion and tender love."

*Dilexit nos §34*

Spend some time reflecting on Jesus' compassion and how you might show more compassion to others

### Pray for the Pope's Intention

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

Pray the Sorrowful Mysteries of the Rosary

### Prayer

*Heart of Compassion, the Healing One weeping  
for a world burdened and bent,  
you are the heart we bring to the wounded, worn and weary.*

*Heart of Comfort, Sheltering Wings of love,  
Refuge for sad and lonely ones,  
you embrace all who bear loss, gathering their tears with care.*

*Heart of Understanding,  
One who gazes upon the imperfect,  
the incomplete, the flawed, the weak,  
you never stop extending mercy. Amen*

*Out of the Ordinary - Sr Joyce Rupp*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# JULY

## For formation in discernment

### Focusing

*God of our lives,  
God of our hopes and dreams,  
help us to listen attentively to your still quiet voice.*

### Praying with the Gospel

*Matthew 6: 33-34*

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

Pope Francis says, "that every day, whether we want to or not, we always perform acts of discernment concerning what we eat, read, at work, in our relationships, everything. Life always presents choices to us, and if we do not make conscious choices, in the end it is life that chooses for us, taking us where we do not want to go....."

One of the first indispensable aids [in discernment] is evaluating with the Word of God and the doctrine of the Church. They help us read what is

stirring in our hearts, learning to recognize God’s voice and to distinguish it from other voices that seem to vie for our attention, but leave us confused in the end. The Bible warns us that God’s voice resounds in stillness, in attention, in silence. Let us recall the experience of the Prophet Elijah: the Lord does not speak to him in the wind that smashes the rocks, nor in the fire or the earthquake, but He speaks to him in a light breeze (cf. 1 Kings 19:11-12). This is a very beautiful image that helps us understand how God speaks. God’s voice does not impose itself; God’s voice is discreet, respectful—allow me to say, God’s voice is humble—and, for that reason, produces peace. And it is only in peace that we can enter profoundly into ourselves and recognize the authentic desires the Lord has placed in our hearts.

*Pope Francis Angelus Dec 21 2022*

Spend some time reflecting on how Elijah heard the Lord’s voice, and how you might listen to the gentle voice of God in your life

### Pray for the Pope’s Intention

Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

Pray the Joyful Mysteries of the Rosary

### Prayer

*Thanks be to you, our Lord Jesus Christ,  
for all the benefits which you have given us,  
for all the pains and insults which you have borne for us.  
Most merciful Redeemer, Friend and Brother,  
may we know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day. Amen.*

*Prayer of St Richard of Chichester*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# AUGUST

## For mutual coexistence

### Focusing

*God of all humanity,  
you have brought each person into life:  
guide us to true respect for one another and for different communities.*

### Praying with the Gospel

*Matthew 5:43-48*

You have heard that it was said, "You shall love your neighbour and hate your enemy." But I say to you, love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous. For if you love those who love you, what reward do you have? Do not even the tax-collectors do the same? And if you greet only your brothers and sisters, what more are you doing than others? Do not even the Gentiles do the same? Be perfect, therefore, as your heavenly Father is perfect.

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

### Spiritual Reading

Authentic social dialogue involves the ability to respect the other's point of view and to admit that it may include legitimate convictions and concerns. Based on their identity and experience, others have a contribution to make,

and it is desirable that they should articulate their positions for the sake of a more fruitful public debate. When individuals or groups are consistent in their thinking, defend their values and convictions, and develop their arguments, this surely benefits society. Yet, this can only occur to the extent that there is genuine dialogue and openness to others. Indeed, "in a true spirit of dialogue, we grow in our ability to grasp the significance of what others say and do, even if we cannot accept it as our own conviction. In this way, it becomes possible to be frank and open about our beliefs, while continuing to discuss, to seek points of contact, and above all, to work and struggle together".

*Fratelli tutti §203*

Spend some time reflecting on what Pope Francis says on genuine dialogue. How does that invite you to act with others?

### Pray for the Pope's Intention

Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious, or ideological reasons.

Pray the Glorious Mysteries of the Rosary

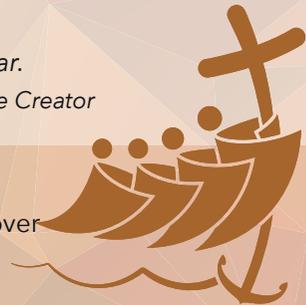
### Prayer

*Lord, Father of our human family,  
you created all human beings equal in dignity:  
pour forth into our hearts a fraternal spirit  
and inspire in us a dream of renewed encounter,  
dialogue, justice and peace.  
Move us to create healthier societies  
and a more dignified world,  
a world without hunger, poverty, violence and war.*

*Fratelli Tutti: A prayer to the Creator*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# SEPTEMBER

**For our relationship with all of creation**

## **Focusing**

*O God Creator of all things,  
you create a world of beauty, revealed in leaf and waterdrop:  
stir in us a greater awareness of our connection  
with all of created reality.*

## **Praying with the Gospel**

*Matthew 6: 26-29*

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? "And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. Yet I tell you that not even Solomon in all his splendour was dressed like one of these.

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

## **Spiritual Reading**

God has united us to all his creatures. Nonetheless, the technocratic paradigm can isolate us from the world that surrounds us and deceive us by making us forget that the entire world is a "contact zone". ... human life is incomprehensible and unsustainable without other creatures. For "as part of the universe... all of us are linked by unseen bonds and together form a kind

of universal family, a sublime communion which fills us with a sacred, affectionate and humble respect”.

This is not a product of our own will; its origin lies elsewhere, in the depths of our being, since “God has joined us so closely to the world around us that we can feel the desertification of the soil almost as a physical ailment, and the extinction of a species as a painful disfigurement”. Let us stop thinking, then, of human beings as autonomous, omnipotent and limitless, and begin to think of ourselves differently, in a humbler but more fruitful way. *Laudate Deum §66-8*

Spend some time reflecting on Jesus’ relationship with nature. What does that ask of you

### Pray for the Pope’s Intention

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

Pray the Luminous Mysteries of the Rosary

### Prayer

*Jesus, your Son, taught us to wonder  
as he made his way throughout the land,  
contemplating the beauty of creation.*

*We pray, O God, that you may stir in us  
a reverent awareness of our invisible link  
with the entire created world.*

*We pray for humility-*

*to remember that we, too, are created and are not creation’s masters.*

*Amen*

[www.usccb.org/prayers/prayer-inspired-pope-francis-laudate-deum-praise-god](http://www.usccb.org/prayers/prayer-inspired-pope-francis-laudate-deum-praise-god)

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# OCTOBER

**For collaboration between different religious traditions**

## **Focusing**

*Jesus Christ,*

*love of God and of others were at the heart of your life:  
May our love of God never blind us to love of others.*

## **Praying with the Gospel**

*Matthew 6: 26-29*

"Teacher," said John, "we saw someone driving out demons in your name and we told him to stop, because he was not one of us."

"Do not stop him," Jesus said. "For no one who does a miracle in my name can in the next moment say anything bad about me, for whoever is not against us is for us. Truly I tell you, anyone who gives you a cup of water in my name because you belong to the Messiah will certainly not lose their reward."

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

## **Spiritual Reading**

Sometimes we think that a meeting between religions is a matter of seeking common ground between different religious doctrines and beliefs no matter the cost. Such an approach, however, may end up dividing us, because the doctrines and dogmas of each religious experience are different. What really brings us closer is creating a connection in the midst of diversity, cultivating

bonds of friendship, care and reciprocity. These relationships link us to others, allowing us to commit ourselves to seek the truth together, learning from the religious tradition of others, and coming together to meet our human and spiritual needs. They are also bonds that allow us to work together, to move forward together in pursuit of the same goals: defence of human dignity, the fight against poverty and the promotion of peace. Unity is born from personal bonds of friendship as well as mutual respect and defence of the ideas of others and their sacred spaces. May you always cherish this!

*Pope Francis at Istiqlal Mosque, Indonesia 5 September 2024*

Spend some time reflecting on Pope Francis' thoughts on what unites us. What does that ask of you in your community?

### **Pray for the Pope's Intention**

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity.

Pray the Glorious Mysteries of the Rosary

### **Prayer**

*God of Peace,  
You call us to oppose war and death  
in the name of the One who is peace and life.  
As people of faith, may we work with others  
that all peoples may live in peace in our common home. Amen.*

### **Final Prayer**

Conclude with the Jubilee Prayer inside back cover





# NOVEMBER

For the prevention of suicide

## Focusing

*Jesus, Compassionate One  
you feel the pain of others:  
let us work to support loving communities.*

## Praying with the Gospel

*Luke 15: 3-7*

Jesus told them this parable: "What man of you, having a hundred sheep, if he has lost one of them, does not leave the ninety-nine in the wilderness, and go after the one which is lost, until he finds it? And when he has found it, he lays it on his shoulders, rejoicing. And when he comes home, he calls together his friends and his neighbours, saying to them, 'Rejoice with me, for I have found my sheep which was lost.' Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

## Spiritual Reading

Benedict XVI asked us to recognize in the heart of Christ an intimate and daily presence in our lives: "Every person needs a 'centre' for his or her own life, a source of truth and goodness to draw upon in the events, situations and struggles of daily existence. All of us, when we pause in silence, need to feel

not only the beating of our own heart, but deeper still, the beating of a trustworthy presence, perceptible with faith's senses and yet much more real: the presence of Christ, the heart of the world".

*Dilexit nos §81*

Spend some time reflecting on how close Christ is to us and what that means for your fears and struggles.

### Pray for the Pope's Intention

Let us pray that those who are struggling with suicidal thoughts might find the support, care, and love they need in their community, and be open to the beauty of life.

Pray the Sorrowful Mysteries of the Rosary

### Prayer

*Be with us, Lord,  
in the midst of the dark spaces  
and fearful places  
with us.*

*Awaken us  
to the light of your love,  
and hope,  
hope in a new day's dawning. Amen.*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover





# DECEMBER

For Christians in areas of conflict

## Focusing

*God, Father of all*

*you watch over your flock, especially those who are in danger:  
may trust in your presence  
enable people to reach out a hand of friendship and solidarity.*

## Praying with the Gospel

*John 17:20-21*

Jesus said, 'My prayer is not for them alone.

I pray also for those who will believe in me through their message,  
that all of them may be one, Father,  
just as you are in me and I am in you.

May they also be in us so that the world may believe that you have sent me.'

Read the Gospel passage a few times slowly.

Allow the Lord present in the Blessed Sacrament to gaze  
with compassion on you

Ponder what Jesus is saying to us in this passage.

- What is the good news in this Gospel passage?
- Where do you see this good news happening in our world?
- How is this good news for your life? And for those you around you?

## Spiritual Reading

There is an episode in the life of Saint Francis that shows his openness of heart, which knew no bounds and transcended differences of origin, nationality, colour or religion. It was his visit to Sultan Malik-el-Kamil, in Egypt, which entailed considerable hardship, given Francis' poverty, his scarce resources, the great distances to be travelled and their differences of language, culture and religion. That journey, undertaken at the time of the Crusades, further demonstrated the breadth and grandeur of his love, which

sought to embrace everyone. Francis' fidelity to his Lord was commensurate with his love for his brothers and sisters. Unconcerned for the hardships and dangers involved, Francis went to meet the Sultan with the same attitude that he instilled in his disciples: if they found themselves "among the Saracens and other nonbelievers", without renouncing their own identity they were not to "engage in arguments or disputes, but to be subject to every human creature for God's sake". In the context of the times, this was an extraordinary recommendation. We are impressed that some eight hundred years ago Saint Francis urged that all forms of hostility or conflict be avoided, and that a humble and fraternal "subjection" be shown to those who did not share his faith.

*Fratelli Tutti §3*

Spend some time reflecting on how St Francis interacted with those who did not share his beliefs. What does this mean for how you engage with others?

### Pray for the Pope's Intention

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation, and hope.

Pray the Luminous Mysteries of the Rosary

### Prayer

*Lord, Prince of Peace,  
may we not just hear your word,  
but live to enact your word.  
Give us courage and integrity  
to be actors of peace, reconciliation and love in our communities. Amen*

### Final Prayer

Conclude with the Jubilee Prayer inside back cover



# THE MYSTERIES OF THE ROSARY

## THE JOYFUL MYSTERIES

The Annunciation  
The Visitation  
The Nativity  
The Presentation  
The Finding of Jesus in the Temple

## THE LUMINOUS MYSTERIES

The Baptism of Jesus in the River Jordan  
The Wedding Feast at Cana  
The Proclamation of the Kingdom of God  
The Transfiguration of Jesus  
The Institution of the Eucharist

## THE SORROWFUL MYSTERIES

The Agony in the Garden  
The Scourging at the Pillar  
The Crowning With Thorns  
The Carrying of the Cross  
The Crucifixion

## THE GLORIOUS MYSTERIES

The Resurrection  
The Ascension  
The Coming of the Holy Spirit  
The Assumption of Mary  
The Coronation of Mary

# THE JUBILEE PRAYER

Father in heaven,  
may the faith you have given us  
in your son, Jesus Christ, our brother,  
and the flame of charity enkindled  
in our hearts by the Holy Spirit,  
reawaken in us the blessed hope  
for the coming of your Kingdom.

May your grace transform us  
into tireless cultivators of the seeds of the Gospel.  
May those seeds transform  
from within both humanity and the whole cosmos  
in the sure expectation of a new heaven and a new earth,  
when, with the powers of Evil vanquished,  
your glory will shine eternally.

May the grace of the Jubilee  
reawaken in us, Pilgrims of Hope,  
a yearning for the treasures of heaven.  
May that same grace spread  
the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed,  
be glory and praise for ever. Amen

*Pope Francis*



RESOURCE FOR PRAYER  
BEFORE THE  
BLESSED SACRAMENT

SPRING

SUMMER



AUTUMN

WINTER



DIOCESE OF KERRY 2025