

# Advent Calendar



*This Advent, you are invited to take a line of God's Word from the Sunday reading, to pray with it on Sunday and to act out that Word daily in your own life during the following week.*

## **1<sup>st</sup> Sun of Advent: 'Stay awake, praying at all times'**

- Mon: Be awake to God's gentleness all around you today;
- Tues: Let your prayer be for the ones who live with sadness and loss;
- Wed: Pray for the people of the Holy Land, especially those driven from their homes;
- Thurs: Open our eyes to see your Spirit at work in our world;
- Fri: Be hope for those who despair;
- Sat: Enrich others today from all that you have.

## **2<sup>nd</sup> Sun of Advent: 'Prepare a way for the Lord, make his paths straight.'**

- Mon: Notice how God has blessed you during your life;
- Tues: Make the path straight for someone you meet today;
- Wed: Pray for those who feel they walk alone or in darkness;
- Thurs: Remember the Palestinians today who live in the Occupied Territories;
- Fri: Be aware today of preparing space in your heart and in your life for the Lord;
- Sat: Clothe those you meet in loving kindness.

## **3<sup>rd</sup> Sun of Advent: Sing and shout for joy, for great in your midst is the Holy One of Israel;**

- Mon: Trust that God is present in your life;
- Tues: Open your heart today with someone you find difficult; be compassionate;
- Wed: Delight today in the reality that our God became fully human, like us;
- Thurs: Pray for the people of Bethlehem today....pray for their peace;
- Fri: Share from your abundance with others – a smile, a compliment, a kindness;
- Sat: Pause today in the quiet darkness to remember Jesus comes for each one of us.

## **4<sup>th</sup> Sun of Advent: 'Blessed is she who believed that the promise made her by the Lord would be fulfilled.'**

- Mon: Give thanks for the love you have known in your life;
- Tues: Be the Lord's hands and feet for someone this day;
- Wed: Watch and wait today, and notice God's goodness all around you;
- Thurs: Pray for peace in all families, for all communities, for all nations;
- Christmas Eve: Take time today to recall where God has fulfilled his promise to you;
- Christmas Day: Enjoy the gift of God's Son, Emmanuel, God-with-us!....today and for always;