Lenten calendar 2021

This Lent, you are invited to pray with a line of God’s Word each week and to express that Word in action each day.

Ash Wednesday:  *Turn away from sin and believe in the Good News*
Thurs: Let God reveal his Good News to you
Fri:  Turn away from what keeps you from God
Sat:  Fast from unkindness

1st Sun of Lent:  *Your ways, Lord, are faithfulness and love*
Mon:  Thank God for the gift of love in your life, wherever you find it
Tues:  Pray for those who have forgotten how to love
Wed:  Fast from jealousy – love the giftedness in others
Thurs:  Remember those who are struggling at this time
Fri:  Let your prayer be for the ones who live in sadness and loss
Sat:  Be a loving presence to all you meet today

2nd Sun of Lent:  *I will walk in the presence of the Lord*
Mon:  Let God walk through your day with you
Tues:  Give thanks for those who reveal God to you
Wed:  Clothe those you meet in loving kindness.
Thurs:  Pray for those who feel they walk alone
Fri:  Fast today in solidarity with those who never have enough to eat
Sat:  Cherish those who are in your life today

3rd Sunday of Lent:  *Lord, you have the message of eternal life*
Mon:  Notice signs of new life around you and give thanks
Tues: Give to those who are in need
Wed: Pray for those who feel unloved
Thurs: Fast from what does not bring life
Fri: Pray for the gift of trust in God
Sat: Cherish the unexpected moments of wonder

4th Sun of Lent: *God loved the world so much that he gave his only Son*
Mon: Pray for loved ones who show us a glimpse of God’s love
Tues: Make an effort with someone you find difficult
Wed: Let the news today call you to pray
Thurs: Fast with Jesus
Fri: Take time today to believe in God’s love for you
Sat: Show love for someone else today

5th Sun of Lent: *Create in me a new heart, O God*
Mon: Let your heart be filled with God’s view of life
Tues: Fast from selfishness, go the extra mile today for someone else
Wed: Welcome the stranger, in yourself as well as in your neighbour.
Thurs: Pray for those whose hearts are filled with anger and hatred
Fri: Remember those who live in darkness and despair
Sat: Give to the poor

Palm Sunday: *Blessed is he who comes in the name of the Lord*
Mon: Be just in all you say and do
Tues: Let the blessings of others be a source of joy for you
Spy Wed: Pray for those whom we have betrayed and those who have betrayed us
Holy Thurs: Sharing a meal makes us family – look around at your family
Good Friday: Fast and pray
Holy Sat: Wait with Mary and the disciples