

Resource for health care workers accompanying those who are ill

Any of these prayers could be said with and for the person who is ill

Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. *Amen*

Our Father

Our Father, who art in Heaven, hallowed be Thy name,
Thy kingdom come, Thy will be done on earth as it is in Heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil. *Amen*

Hail Mary

Hail Mary, full of grace, the Lord is with Thee.
Blessed art Thou among women, and Blessed is the fruit of Thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. *Amen*

Glory be to the Father

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end. *Amen*

Prayer of St Cardinal John Henry Newman

May the Lord support us all the day long,
Till the shades lengthen and the evening comes,
and the busy world is hushed, and the fever of life is over, and our work is done.
Then in his mercy may he give us a safe lodging,
and holy rest, and peace at the last. *Amen.*

Prayer to the Holy Family

Jesus, Mary and Joseph, I give you my heart and my soul.
Jesus, Mary and Joseph, assist me now and in my last agony.
Jesus, Mary and Joseph, may I breathe forth my soul in peace with you. *Amen.*

Memorare

Remember, O Most gracious Virgin Mary,
that never was if known,
that anyone who fled to your protection,
implored your help or sought your intercession, was left unaided.
Inspired with this confidence,
I fly to you, O Virgin of Virgins, my Mother.
To you I come, before you I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions
but graciously hear and answer them. *Amen.*

Psalm 23

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit.

He guides me along the right path,
he is true to his name.
If I should walk in the valley of darkness,
no evil would I fear.
You are there with your crook and your staff,
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell,
for ever and ever.

