

Eucharistic Adoration

The Apostolate of Eucharistic Adoration is an Association of Lay Adorers of the Blessed Sacrament, founded in 1985. It is now under all the Bishops of Ireland.

Eucharistic Adoration is a devotion whereby members of a parish unite in making continuous Adoration before Jesus in the Blessed Sacrament for as many hours as may be possible, based on the number of people who pledge to do a weekly Holy Hour, when the programme is presented at Masses of the parish over a weekend.

"The church and the world have a great need of Adoration" **Pope John Paul II**
Members, in accepting the challenge to spend at least one committed hour of weekly Eucharistic Adoration, thus strive to be a people of prayer, vision and mission, embracing God's call to weekly adoration.

This Lay Apostolate is committed to the organisation, maintenance and development of **Viable Weekly Adoration** of the Blessed Sacrament. The term "Viable" means that a structure is put in place to ensure that the Blessed Sacrament is never left unattended.

Motto: 'To Jesus through Mary'

Structure: There are three levels within the Apostolate:

- Level 1 Parish Adoration Committee
- Level 2 Diocesan Adoration Committee
- Level 3 National Committee

Charism: *"Could you not keep watch one hour with Me" Mk 14:37*

The Apostolate endeavours to carry Christ's Invitation to every individual, in every parish, through its tried and tested programme.

"Jesus Christ is calling you to spend one special specific hour with Him each week" **Pope John Paul II** And, speaking about the Apostolate, he said, *"Thank you for your evangelical work promoting Eucharistic Adoration. It is a grace for the church. You have my encouragement and blessing"*

Mission: The mission of the Apostolate of Eucharistic Adoration is: to assist dioceses and parishes to establish and maintain viable Eucharistic Adoration programmes, in conformity with the teaching of the Church, and in full obedience to the bishops and priests.



"Indeed this is the will of My Father, that everyone who looks upon the Son and believes in Him, shall have eternal life, him I will raise up on the last day"

John 6:40



Goals and Objectives

To promote the practice of viable weekly Eucharistic Adoration of the exposed Blessed Sacrament.

To deepen in adorers, reverence and love for the Holy Eucharist, for the Sacrifice of the Mass, and belief in the Real Presence.

To be in obedience to the Church, Bishops and Priests, and to the Holy Father.

To foster spiritual growth in adorers.

To pray for conversion, for the ministry of Priests and vocations to the priesthood and religious life.



“The Eucharist is the supreme proof of the love of Jesus” St Peter Julian Eymard And he said *“Eucharistic adoration is the most necessary mission to the church, which has even more need of prayerful souls, than of powerful preachers or men of eloquence”*.



Vision: *‘That there be a nucleus of people in every parish, formed, by sitting at the feet of Jesus Christ, truly present in the Blessed Sacrament’*

“Live Jesus in our hearts forever” St. De La Salle

Eucharistic Adoration is:

- ❖ The Respect and Worship we give to Jesus who is truly present in the Eucharist
- ❖ Awareness of the real presence of Jesus in the Blessed Sacrament.
- ❖ Appreciation of the gift of His total presence among us in the Blessed Sacrament.
- ❖ Affirmation of His personal love for us in the Blessed Sacrament.
- ❖ Acknowledgement of our total dependence upon Him.
- ❖ Attempting to centre our life in Him and His holy will.



“Blessed are they who do not see and yet believe”

“If we really loved the good God we should make it our joy and happiness to come and adore Him” St John Vianney

