



'He became poor,
so that by his poverty
you might
become rich'
(2 Cor 8:9)

Pope Francis
Message for Lent 2014

Lenten calendar

This Lent, you are invited to pray with a line of God's Word each week and to act out that Word daily in your own life.

Ash Wednesday: *Come back to me with all your heart*

Thurs: Let God reveal his heart of love to you;
Fri: Turn away from what keeps you from God;
Sat: Fast from unkindness.

1st Sun of Lent: *Be merciful, O Lord, for we have sinned*

Mon: Let God's gentleness be with you today;
Tues: Pray for those who have forgotten how to trust;
Wed: Fast from jealousy – love the giftedness in others;
Thurs: Remember those who have been suffered because of our sin;
Fri: Let your prayer be for the ones who live with sadness and loss;
Sat: Enrich others today from all that you have.

2nd Sun of Lent: *Lord, we place our trust in you*

Mon: Thank God for the gift of those you trust;
Tues: Give thanks for those who reveal God to you;
Wed: Pray for those who feel they walk alone or in darkness;
Thurs: Cherish those who struggle to trust others or God;
Fri: Fast today in solidarity with those who never have enough to eat;
Sat: Clothe those you meet in loving kindness.

3rd Sun of Lent: *O that today you would listen to His voice; harden not your heart*

- Mon: Pray for those who give us a glimpse of God's love;
Tues: Open your heart today with someone you find difficult; be compassionate;
Wed: Let the News today call you to pray for others;
Thurs: Take time today to believe in God's love for you;
Fri: Fast with Jesus who is compassion and love;
Sat: Give generously to charity today.

4th Sun of Lent: *The Lord is my shepherd; there is nothing I shall want.*

- Mon: Take time today to taste your life...see, smell, hear, feel!
Tues: Give to those who are in need;
Wed: Pray for those who feel unloved;
Thurs: Fast today and recall that God is your all;
Fri: Cherish the unexpected moments of wonder;
Sat: Ask God to shepherd you in your decision-making.

5th Sun of Lent: *With the Lord, there is mercy.*

- Mon: Let your heart be filled with God's view of life;
Tues: Fast from judging others; go the extra mile today for someone else;
Wed: Welcome the stranger, in yourself as well as in your neighbour;
Thurs: Pray for those needing compassion and mercy;
Fri: Remember those who struggle to receive forgiveness;
Sat: Give to those who are down-hearted.

Palm Sunday: *My God, my God, why have you abandoned me?*

- Mon: Recall when God has felt close to you...and times God has felt far away;
Tues: Be with those who feel abandoned;
Spy Wed: Pray for those whom we have betrayed and those who have betrayed us;
Holy Thurs: Sharing a meal makes us family – look around at your family;
Good Fri: Fast and pray;
Holy Sat: Wait with Mary and the disciples
Easter Sun: REJOICE, REJOICE, REJOICE...all day...for everything..Jesus is risen!
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