

## AN EASTER GRACE:

Saint Brigid too catches something  
of God's enjoyment of life in a  
prayer attributed to her.

In it, she presents a glimpse of  
Easter's heavenly joy.

She sees God lifting up the best of  
what is human,  
just as the risen Christ takes his  
body with him into Life.

In a prayer that affirms and  
transforms the best of what is  
human, she echoes the feast of  
Easter as she prays:

*I should like a great lake of  
finest ale  
For the King of kings.  
I should like a table of the  
choicest food  
For the family of heaven.  
Let the ale be made from the  
fruits of faith,  
And the food be forgiving love.*

*I should welcome the poor to  
my feast,  
For they are God's children.  
I should welcome the sick to my  
feast,*

*For they are God's joy.  
Let the poor sit with Jesus at  
the highest place,*

*And the sick dance with the  
angels.*

*God bless the poor,  
God bless the sick,  
And bless our human race.*

*God bless our food,  
God bless our drink,  
All homes, O God, embrace.*

